



# Critical Thinking

## COURSE OVERVIEW

In today's society, many people experience information overload. We are bombarded with messages to believe various ideas, purchase things, support causes, and lead our lifestyle in a particular way. How do you know what to believe? How do you separate the truth from the myths? The answer lies in critical thinking skills.

### KEY SUBJECT AREAS

- Understanding critical thinking.
- Where do other types of thinking fit in? (including whole-brain and left and right brain).
- Pitfalls to reasoned decision making.
- The critical thinking process.
- A critical thinker's skill set.
- Creating explanations.
- Dealing with assumptions.
- Common sense.
- Critical and creative thought systems.
- Plenty of hands-on case studies.

### LEARNING OUTCOMES

- Define critical and non-critical thinking.
- Identify your critical thinking style(s), including areas of strength and improvement.
- Describe other thinking styles, including left/right brain thinking and whole-brain thinking.
- Work through the critical thinking process to build or analyse arguments.
- Develop and evaluate explanations.
- Improve key critical thinking skills.
- Use analytical thought systems and creative thinking techniques.
- Prepare and present powerful arguments.

*The ability to clearly reason & present arguments in a logical, compelling way is a key skill in business.*

**Duration: 1 Day**

### Unique features

The Critical Thinking Workshop is designed to meet current market trends.

- Professional facilitators use the most up to date accelerated learning techniques.
- An interactive, relaxed atmosphere with real world examples.
- Modern presentation methods using audio and visual presentations.

### Who should attend?

Anyone who is in a position where it would benefit them to have practical tools and hands-on experience with critical thinking and problem solving.

### Includes...

- Resource material & workbook.
- Training 101 Certificate

Contact us for more information  
or to register on a workshop:

**P: 0800 801 233**