

Bullying In The Workplace

COURSE OVERVIEW

Half of workers have experienced or witnessed bullying. Policies and laws dealing with it are far less prevalent.

Learn what bullying looks like & how we can discourage it in our workplace.

KEY SUBJECT AREAS

- Defining bullying
- Why bullies do what they do
- Building a shield against bullies
- What to do if it happens to you
- What to do if you witness bullying
- Creating an anti-bullying workplace
- The law on bullying

LEARNING OUTCOMES

This workshop will enable the participant to:

- Define what bullying is and is not
- Understand the costs of bullying to people and organizations
- Identify bullying behaviors and the reasons behind them
- Know some ways to prevent bullying and understand what role you can play
- Know some ways to protect yourself from bullying
- Know what to do if you are bullied
- Identify appropriate solutions for a bullying incident (within and outside the organization)
- Be able to assist in creating an anti-bullying policy

*Discover how to
be more proactive
at preventing
workplace bullying.*

Duration: 1 Day

Unique features

The Bullying In The Workplace Workshop is designed to meet current market trends.

- Professional facilitators use the most up to date accelerated learning techniques.
- An interactive, relaxed atmosphere with real world examples.
- Modern presentation methods using audio and visual presentations.

Who should attend?

Any business that wants to become more proactive in preventing workplace bullying from occurring, and more effective at dealing with it should it occur.

Includes...

- Resource material & workbook.
- Training 101 Certificate
- Quick reference guide.

Contact us for more information
or to register on a workshop:

P: 0800 801 233